

DECEMBER 2014



| s Best | | | | | | |
|---|--|--|---|--|--|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Legend: OH-Oxon Hill WM-Walker Mill | Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | 2 Expectant Mommy 2 Class at WM 2:00 PM | Expectant Mommy 1 Class at OH 4:15 PM Mothers Breastfeeding Support 3 mos 1:00 pm Mothers Breastfeeding Support 6 mos 1:30 pm | Mothers Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM | 5 Expectant Mommy 1 Class at WM 2:00 PM | 6 |
| 7 | 8 Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | 9 Expectant Mommy 2 Class at WM 2:00 PM | Expectant Mommy 1 Class at OH 4:15 PM Mothers Breastfeeding Support 3 mos 1:00 pm Mothers Breastfeeding Support 6 mos 1:30 pm | Mothers Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM | Expectant Mommy 1 Class at WM 2:00 PM | 13 |
| 14 | Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | 16 Expectant Mommy 2 Class at WM 2:00 PM | Expectant Mommy 1 Class at OH 4:15 PM Mothers Breastfeeding Support 3 mos 1:00 pm Mothers Breastfeeding Support 6 mos 1:30 pm | 18 Mothers Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM | Expectant Mommy 1 Class at WM 2:00 PM | 20 |
| 21 | Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | Expectant Mommy 2 Class at WM 2:00 PM | 24 | 25 | 26 Expectant Mommy 1 Class at WM 2:00 PM | 27 |
| 28 | Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM//Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | 30 Expectant Mommy 2 Class at WM 2:00 PM | 31 | To Contact a Breastfeeding Peer Counselor near you: Call: (301) 324-1873, ask to speak to the Peer Counselor After hours: (301) 324-1873, then press 4 (Call 911 for emergencies (Greater Baden) | | |



JANUARY 2015



| J's Best | | | | | | |
|--|---|--|---|---|--|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| you: Call: (301) 324-1873, Counselor | eeding Peer Counselor near ask to speak to the Peer 4-1873, then press 4 (Call 911 | Legend: OH -Oxon Hill WM -Walker Mill | | 1 | 2 Expectant Mommy 1 Class at WM 2:00 PM | 3 |
| 4 | 5 Expectant Mommy Spanish at OH 11:00 AM Expectant Mommy English at OH 3:30 PM Mothers Breastfeeding Support 1 at OH 1:00 PM Breastfeeding Support 2 at OH 2:00 PM | 6 Expectant Mommy 2 Class at WM 2:00 PM | 7 Expectant Mommy 1 Class at OH 4:15 PM Mothers Breastfeeding Support 3 mos 1:00 pm Mothers Breastfeeding Support 6 mos 1:30 pm | 8 Mothers Breastfeeding Support 1 at WM 1:00 PM Breastfeeding Support 2 at WM 1:30 PM | 9 Expectant Mommy 1 Class at WM 2:00 PM | 10 |
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FEBRUARY 2015



| O's Best 5 | | | | | | A ME TO THE PERSON OF THE PERS |
|--|--|--|--|--|--|--|
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| To Contact a Breastfeeding Peer Counselor near you: Call: (301) 324-1873, ask to speak to the Peer Counselor After hours: (301) 324-1873, then press 4 (Call 911 for emergencies (Greater Baden) | | Legend: OH-Oxon Hill WM-Walker Mill | | | | |
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